## What is claimed is:

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- 1. An apparatus comprising a structure sized and configured for implantation in tissue within a pharyngeal wall, the structure including a region sized and configured to accommodate fixation of the structure to at least one vertebra.
- 2. An apparatus comprising a structure sized and configured for implantation in tissue within a tongue and/or vallecula to fixate and/or brace tissue along a pharyngeal conduit.
- 3. An apparatus according to claim 1 or 2, wherein the structure comprises a plastic material, and/or a metal material, and/or a fabric material, and/or a ceramic material, or a combination thereof.
- 4. An apparatus according to claim 1 or 2, wherein the structure comprises a static material.
  - 5. An apparatus according to claim 1 or 2, wherein the structure comprises a dynamic material.
- An apparatus according to claim 1 or 2,
   wherein the structure comprises a pre-shaped material.
  - 7. An apparatus according to claim 1 or 2, wherein the structure comprises a material having a spring-like mechanical property.
- 8. An apparatus according to claim 1 or 2, wherein the structure comprises a material having an elastic mechanical property.
  - 9. An apparatus according to claim 1 or 2, wherein the structure includes at least one ferromagnetic material.
- 30 10. An apparatus according to claim 1 or 2, wherein the structure comprises a shape memory material.
  - 11. An apparatus according to claim 1 or 2, wherein the structure comprises a shape memory ferromagnetic material.
- 35 12. An apparatus according to claim 1 or 2,

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wherein the structure comprises a thermal shape memory material.

- 13. An apparatus according to claim 1 or 2, wherein the structure comprises a material that assumes a desired mechanical condition in response to exposure to an activation force.
- 14. An apparatus according to claim 13, wherein the activation force includes a magnetic field, or temperature condition, or electrical energy, or electromagnetic energy, or a combination thereof.
- 15. An apparatus according to claim 1 or 2, wherein the structure includes at least one hinge point.
- 16. An apparatus according to claim 1 or 2, wherein the structure comprises a material implanted by injection.
- 17. An apparatus according to claim 1, wherein the region accommodates a bone screw.
- 18. An apparatus according to claim 1, wherein the region accommodates an adhesive and/or cement.
  - 19. An apparatus according to claim 2, wherein the structure includes a region that accommodates an adhesive and/or cement.
- 20. An apparatus according to claim 1, 25 wherein the structure includes a material that braces tissue in the pharyngeal wall against collapse.
  - 21. An apparatus according to claim 1 wherein the structure includes a material that fixates tissue in the pharyngeal wall against collapse.
- 30 22. An apparatus according to claim 1, wherein the structure braces tissue in the pharyngeal wall against collapse.
  - 23. An apparatus according to claim 1, wherein the structure fixates tissue in the pharyngeal wall against collapse.

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- 24. A system comprising at least two apparatuses, at least one of the apparatuses comprising an apparatus as defined in claim 1 or 2.
- 25. A system according to claim24, wherein at 5 least two of the apparatuses comprise an apparatus as defined in claim 1 or 2.
  - 26. Α system comprising at least twoapparatuses, at least one of the apparatuses configured comprising a structure sized and implantation in tissue within a pharyngeal wall, the structure including a region sized and configured to accommodate fixation of the structure to at least one vertebra, and at least another one of the apparatuses comprising a structure sized and configured implantation in tissue within a tongue and/or vallecula to fixate and/or brace tissue along a pharyngeal conduit.
  - 27. A system according to claim 26, wherein at least two apparatuses share a common fixation point to a vertebra.
- 20 28. A method for implanting an apparatus in a pharyngeal wall comprising the steps of

providing at least one apparatus as defined in claim 1, and

- implanting the apparatus in a pharyngeal wall including a fixation step in which the apparatus is secured to at least one vertebra.
  - 29. A method for implanting an apparatus in a tongue and/or vallecula comprising the steps of

 $$\operatorname{providing}$  at least one apparatus as defined in 30 claim 2, and

implanting the apparatus in a tongue and/or vallecula.

30. An apparatus to brace or fixate tissue in targeted pharyngeal structures and/or individual anatomic components within the pharyngeal conduit comprising a

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material including one or more liquid components that is injected into tissue as a liquid or slurry and that sets in situ to create a non-liquid mechanical implant structure.

- 5 31. A system comprising at least twoapparatuses, at least one of the apparatuses comprising an apparatus as defined in claim 30.
- 32. A method for implanting an apparatus in targeted pharyngeal structures and/or individual anatomic components within the pharyngeal conduit comprising the steps of

providing at least one apparatus as defined in claim 30, and

injecting the apparatus in targeted pharyngeal structures and/or individual anatomic components within the pharyngeal conduit.

- 33. An apparatus to brace or fixate tissue in targeted pharyngeal structures and/or individual anatomic components within the pharyngeal conduit comprising a kinetic structure sized and configured with a desired shape by virtue of magnetic forces that provide magnetic field resistance to shape change.
- 34. An apparatus according to claim 33, wherein the kinetic structure is selectively activated to assume the desired shape.
  - 35. An apparatus according to claim 33, wherein the structure includes a ferromagnetic material mounted on a carrier.
- 36. An apparatus according to claim 35, wherein the carrier comprises a plastic material, and/or a metal material, and/or a fabric material, and/or a ceramic material, or a combination thereof.
- 37. A method for implanting an apparatus to brace or fixate tissue in targeted pharyngeal structures and/or individual anatomic components within the

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pharyngeal conduit comprising the steps of providing at least one apparatus as defined in claim 33, and implanting the apparatus.

- 38. An apparatus to brace or fixate tissue in targeted pharyngeal structures and/or individual anatomic components within the pharyngeal conduit comprising a kinetic structure including a shape memory ferromagnetic material that provides resistance to shape change.
- 39. An apparatus according to claim 38, 10 wherein the shape memory ferromagnetic material is mounted on a carrier.
  - 40. An apparatus according to claim 39, wherein the carrier comprises a plastic material, and/or a metal material, and/or a fabric material, and/or a ceramic material, or a combination thereof.
  - 41. A method for implanting an apparatus to brace or fixate tissue in targeted pharyngeal structures and/or individual anatomic components within the pharyngeal conduit comprising the steps of providing at least one apparatus as defined in claim 38, and implanting the apparatus.
  - 42. A Apparatus to brace or fixate tissue in targeted pharyngeal structures and/or individual anatomic components within the pharyngeal conduit comprising a chamber sized and configured to be located outside of the pharyngeal conduit and to hold a pressure that is less than atmospheric pressure.
  - 43. An apparatus according to claim 42, wherein the chamber is sized and configured to hold a pressure that is less than a minimum pressure condition experienced in the pharyngeal conduit during a respiration cycle.
  - 44. An apparatus according to claim 42, wherein the chamber is sized and configured to be worn about a neck.

- 45. A method of brace or fixate tissue in targeted pharyngeal structures and/or individual anatomic components within the pharyngeal conduit comprising the steps of providing an apparatus as defined in claim 42, and locating the apparatus outside the pharyngeal conduit.
- 46. A method of implanting an apparatus in a pharyngeal wall comprising the steps of

providing an apparatus as defined in claim 1,

creating an incision to expose an anterior

aspect of a cervical vertebra,

inserting the apparatus through the incision, which is then tunneled submucosally along a pharyngeal wall into a desired orientation,

15 releasing the apparatus, and fixing the apparatus to the vertebra.